

“How I Beat Fischer’s Record” - Guidance

Judit Polgar is the highest rated female chess of all time and by a huge distance. At her peak she reached number 4 in the world. She is the only female player to have achieved a FIDE rating over 2700 (highest = 2735).

Judit has written three books about her career for Quality Chess and this is the first in that series. It contains stories of how she learnt the game and rose through the rankings as well as instructional material for ambitious players.

The book contains 15 chapters.

How to Solve

The suggested schedule is as follows:

January 2020	Chapters 1 - 2
February 2020	Chapters 3 - 6
March 2020	Chapters 7 - 8
April 2020	Chapters 9 - 10
May 2020	Chapters 11 – 12

Chapters 13 – 15 are less “thematic” and somewhat more complicated. We highly recommend that students study these at leisure during the rest of the study year. The supplemental material will not cover these additional chapters

Students should try and decide what they would play at each diagram – therefore it may be a good idea to have a spare sheet of paper ready to cover up the text following the diagram.

Additional material and support

We will publish some supplemental material in the middle of each study month. This will include guidance notes, additional exercises and some video guides.

Students may prefer to complete the book at their own pace – ie faster than the suggested schedule. This is fine!